

TYLERTOWN PRIMARY SCHOOL



MEAL PRICING:

| | |
|--------------------------------|----------------|
| Breakfast Full Price | \$ 1.75 |
| Reduced Breakfast Price | \$.30 |
| Milk Only | \$.75 |

BREAKFAST MENU

January-May 2025

Beverages

100% Juice
\$1.00

12oz Water
\$0.75

Fruit
Low Fat Milk
Fat Free Milk
Assorted Fruit
Juice
**** Offered Daily****

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|--|--|--|---|--|
| 1 | Pancake on a Stick Pancake Syrup Chocolate Donuts Assorted Cereal | Scrambled Eggs Crispy Toast Jelly Yogurt Parfait Assorted Cereal | Cinnamon Rolls w/ Icing Mini Pancakes Pancake Syrup | Bagel w/ Sausage & Gravy Apple Pie Parfait Assorted Cereals | Southern Biscuit Sausage Patty Jelly Fruodels-Variety Assorted Cereals |
| 2 | Hot Grits Cheese Toast Mini Waffles Assorted Cereal | French Toast Sticks Pancake Syrup Parfait Assorted Cereals | Breakfast Sausage Pizza Powdered Donuts Assorted Cereal | Pancakes Pancake Syrup Chocolate Donuts Assorted Cereal | Southern Biscuit Sausage Patty Jelly Fruodels-Variety Assorted Cereals |
| 3 | Pancake on a Stick Pancake Syrup Chocolate Donuts Assorted Cereal | Scrambled Eggs Crispy Toast Jelly Yogurt Parfait Assorted Cereal | Cinnamon Rolls w/ Icing Mini Pancakes Pancake Syrup | Bagel w/ Sausage & Gravy Apple Pie Parfait Assorted Cereals | Southern Biscuit Sausage Patty Jelly Fruodels-Variety Assorted Cereals |
| 4 | Hot Grits Cheese Toast Mini Waffles Assorted Cereal | French Toast Sticks Pancake Syrup Parfait Assorted Cereals | Breakfast Pizza Powdered Donuts Assorted Cereal | Pancakes Pancake Syrup Chocolate Donuts Assorted Cereal | Southern Biscuit Sausage Patty Jelly Fruodels-Variety Assorted Cereals |

NUTRITION BITES

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 19¹
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal²

January 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

February 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

March 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

April 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

May 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan