



DEXTER ATTENDANCE CENTER

MEAL PRICING:

Breakfast Full Price	\$ 1.75
Reduced Breakfast Price	\$.30
Milk Only	\$.75

BREAKFAST Menu

August-December 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pancake on a Stick Pancake Syrup Chocolate Donuts Assorted Cereal	Scrambled Eggs Crispy Toast Jelly Yogurt Parfait Assorted Cereal	Cinnamon Rolls w/ Icing Mini Pancakes Pancake Syrup	Bagel w/ Sausage & Gravy Apple Pie Parfait Assorted Cereal	Southern Biscuit Sausage Patty Jelly Fruel's-Variety Assorted Cereal
2	Hot Grits Cheese Toast Mini Waffles Assorted Cereal	French Toast Sticks Pancake Syrup Banana Split Parfait Assorted Cereal	Breakfast Sausage Pizza Powdered Donuts Assorted Cereal	Pancakes Pancake Syrup Chocolate Donuts Assorted Cereal	Southern Biscuit Sausage Patty Jelly Fruel's-Variety Assorted Cereal
3	Pancake on a Stick Pancake Syrup Chocolate Donuts Assorted Cereal	Scrambled Eggs Crispy Toast Jelly Yogurt Parfait Assorted Cereal	Cinnamon Rolls w/ Icing Mini Pancakes Pancake Syrup	Bagel w/ Sausage & Gravy Apple Pie Parfait Assorted Cereal	Southern Biscuit Sausage Patty Jelly Fruel's-Variety Assorted Cereal
4	Hot Grits Cheese Toast Mini Waffles Assorted Cereal	French Toast Sticks Pancake Syrup Banana Split Parfait Assorted Cereal	Breakfast Sausage Pizza Powdered Donuts Assorted Cereal	Pancakes Pancake Syrup Chocolate Donuts Assorted Cereal	Southern Biscuit Sausage Patty Jelly Fruel's-Variety Assorted Cereal

Beverages

100% Juice \$1.00

12oz Water \$0.75



Low Fat & Fat Free Milk
Assorted Fruit Juice
** Offered Daily**

NUTRITION BITES

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 19¹
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal²

S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan



WALTHALL
COUNTY SCHOOL DISTRICT
Teachers teaching. Students learning. Schools improving.

This Institution is an equal opportunity provider.